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LOUISVILLE, Kentucky – April 11, 2016

9<sup>th</sup> annual Mighty Kindness Hoot, Saturday, June 11, 2016 Waterfront Park's  
Brown-Forman Amphitheater 1301 River Road (next to Doc's Cantina) 12:00 pm.  
to 7:00 pm, FREE

**See what happens when a revolution of Kindness sweeps across  
Kentuckiana. LOUISVILLE, Kentucky, April 11, 2016**

A revolution of Kindness is taking hold of the hearts of Kentuckiana residents and this is a very good thing for everyone because we all stand to gain from the momentum of this movement. A wave of contagious excitement, connection, empowerment and compassion is growing exponentially and finding a home in every corner of our commonwealth- from farmers to musicians to community leaders to ministers to union workers to environmentalists to animal advocates to helpers of the homeless community to government officials to holistic healers to craftspeople. Folks are finding common ground and purpose through empowering the kindness in each other's passion and they have a great big party to celebrate- the Mighty Kindness Hoot. If you want to see what this Kind Revolution looks like, come to Waterfront Park's Brown Forman Amphitheater (next to Doc's Cantina) Saturday, June 11 from 12-7pm. It is a free event open to everyone!

The Hoot was voted "Best Festival in Louisville" next to the Derby by LEO Weekly Readers and this grassroots, homegrown fest has grown from 300 people to thousands in attendance from folks spreading the good news.

At the Hoot, you will be inspired by community heroes protecting our water, our mountains, our air, our green spaces, worker's rights and the rights of all humans and animals. You will find a foodie heaven of locally grown, non-GMO and organic gourmet delights. Farmers and chefs providing food grown right here in our commonwealth, enabling us to have food security, better health and very happy taste buds. Homemade beer will be available by the award-winning Apocalypse Brew Works.

You can discover and experience alternative healing methods that offer a kind way of caring for our bodies in a possibly more effective and less costly manner. You can get a massage for a good cause at the Massage-a-thon with proceeds going to a local non-profit. A wide diversity of local artisans who are crafting from recycled and earth-friendly materials will be selling their wares while fulfilling their dream of independent employment and self-expression. A Free School with 2 tents of Workshops will be open to the public to engage and learn about topics like "Growing Food in an Urban Setting", "Bike Repair 101", "Belly Dancing", "Off-Grid Living" and "How to become Politically Engaged" all taught for free by local leaders in their field.

**"For this group here to come out on a Saturday and show our respect for each other, our respect for Nature, our respect for society...I can't tell you how proud I am to represent all of you." -KY Congressman John Yarmuth speaking at *the Mighty Kindness Hoot***

Come hear why Louisville.com called the Hoot, "one of the top 15 Music Festivals" with performances by some of the most outstanding musicians in the region- Vessel, Hot Brown Smackdown, In Lightning, Troubadours of Divine Bliss, Jefferson Street Parade Band, Joel T.Henderson, Tom Boone & The Backporch Pickers, Zoe Speaks, M & David will grace the stage run by Ultimate Audio. The music stage is sponsored by Doc's Cantina and will be broadcast live by Crescent Hill Radio WCHQ 100.9 FM. Next to the stage, Krypta Night and Turners Circus will perform aerial arts that defy gravity and inspire awe! And don't miss the finale Trashion Fashion Show with 100% recycled, Earth-friendly Clothing line by Sango Ronke. To make it a real Hootenanny, bring your instrument and make music with local legends Tom Boone, Dan Bowlds and all kinds of musicians at the Community Jam that is open to everyone all day!

Kids of all ages will become connected and inspired by interactive educational events for youth. Join in the Mighty Kind Second Line Parades and dance with the 12 foot tall Element Puppets. Take a moment to envision a kinder community as you stroll through the KindheART Walk atop the amphitheater hill. Shop for one-of-a-Kind, local upcycled Art, Jewelry and Handmade Goods while being inspired by the Movement Circle performances and maybe even try participating in Tai Chi!

The Hoot is a celebration of kindness- a festival by and for our community that is creating a region that is more connected, sustainable, healthy, innovative and compassionate. If you want to restore your faith in humanity, see concrete ways that we can strengthen our community and make it a kinder place to live- all you have to do is come out to the Mighty Kindness Hoot- a free community festival on Saturday, June 11 at Waterfront Park's Brown-Forman Amphitheater by Doc's Cantina from 12-7pm. There, as you look around at all of the smiling faces, a picture will emerge of a society built on personal strength, creativity, ecological sustainability, mutuality and a true-heartedness. These things are the cornerstones of community and are evidence of a Revolution of Kindness. That is the experience of the Mighty Kindness Hoot, a community celebration with a cause.

The Mighty Kindness Hoot is Saturday, June 11th from 12-7 pm at Brown-Forman Amphitheater at Waterfront Park next to Doc's Cantina and all admission is FREE. It is an offering of Mighty Kindness, an outreach of Clifton UU and sponsored by Rainbow Blossom Natural Markets, Taoist Tai Chi Society, Heine Brothers, Shift Therapeutic Massage and Wellness, Unity of Louisville, and New Earth Organics & Hydroponics. Krypta Night, Tattoo Charlie's, Stix-N-Stonz Metaphysical Shop, Half Peach Bakery, Kentucky Interfaith Power & Light, Common Ground Wellness, Cultivating Connections, G.I.V.E. Education, Habitat for Humanity Restore, EVOLVE KY, Active Heroes and Doc's Cantina ###